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METRO

WEDNESDAY | AUG 31

05:00 Graceful Ageing 05:30 Path to Wellness
06:00 DW: In Good Shape (R) 06:30 Cape Town Daily 07:30 Umilo: Firetalks (R) 08:00 The Faith Show 08:30 Off the Pitch (R) 09:00 Homegrown (R) 10:00 Interconnected – The Invisible Organ 11:00 Proe (R) 11:30 A Walk with Mel (R) 12:00 Al Jazeera International News 13:00 Democracy Now (R) 14:00 BBC Life Clinic 14:30 Mommy, Where Does Money Come From? 15:00 TED 15:30 Rags 16:00 Sprouts 16:30 The Faith Show 17:00 Multiplicity Music Videos 17:30 Homegrown 18:30 Street Talk 19:00 Cape Town Daily 20:00 Al Jazeera International News 21:00 Cape Rugby TV 22:00 DMT Quest 23:00 International Tribunal for Natural Justice – Dr. Robert O. Young



Debbie Owen whose visionary work and care for students at Lawhill Maritime Centre were recognised at last week's event. Picture: Supplied



Nomkhitha Mbele, the recipient of two special maritime-related awards at last week's event in Durban. Picture: Supplied



Clare Gomes whose 23-year career in the maritime industry and her leadership of several initiatives in the industry gained her an award last week. Picture: Amsol

Special Maritime awards for Women

RECIPE

Lamb ragu lasagna

INGREDIENTS

30ml oil
3kg lamb stew meat (cooked until tender, bones removed)
1 onion, chopped
2 cloves garlic, crushed
1 can chopped tomatoes
1 tbs sugar
1 packet Tomato Bredie Dry Cook-in-Sauce
2 cups water
8 lasagne sheets
2 packets Cheese Sauce Pasta Base
1 cup grated mozzarella cheese



METHOD

Heat oil in a saucepan and sauté onion until soft. Add garlic, tomatoes and sugar and cook for 2 minutes. Add Tomato Bredie Dry Cook-In Sauce and mix to combine, then add water, cooked lamb and stir to combine. Cook for 10 minutes.

To assemble

Spread some of the meat sauce at the bottom of an ovenproof baking dish followed by cheese sauce then lasagna sheets. Repeat the process until the meat and lasagna sheets are finished.

Finish with a layer of Lasagna Cheese Sauce Pasta Base and top with grated cheese.

Bake in the oven at 180°C for 15–20 minutes or until cheese is melted. | ROYCO

PORT POURRI



BRIAN INGPEN

WITH its long maritime history and busy port, Durban was the venue for last week's conference focusing on women in the shipping industry and an awards ceremony, recognising women's achievements in the industry.

Among the award winners were three with local connections: Clare Gomes, Amsol's strategic planning and communications executive; Nomkhitha Mbele, a shareholder and regional director for Fendercare Marine, South Africa; and Debbie Owen, the head of the maritime programme at Simon's Town School's Lawhill Maritime Centre.

As the public relations manager for local salvage company Pentow, Gomes was introduced to the salvage industry when the ore carrier Treasure sank north of Robben Island in 2000, while under tow by the tug John Ross, unleashing an extensive oil spill. While keeping the newshounds at bay, she had a forceful TV journalist yelling at her for keeping him from the daily operations meeting, after which the usual press release would be issued. She had made her mark.

Then the bulker Ikan Tanda

grounded at Scarborough in September 2001. To satisfy the environmentally-aware population of that village, Gomes prepared daily updates on the salvage operation, posting them on boards in the village and also on the company's website. To my recollection, this was the first time that such direct communication had been made with a community living near the site of a stranded ship.

Besides meeting media demands in her calm, approachable manner during umpteen other maritime incidents, her energy and innovative approach have been evident in rebranding the company twice during her tenure, keeping folks informed about the company's activities and also being involved in the company's submission of tenders for various contracts. Several of the company's vessels were built locally for service along the southern African coast. At each naming ceremony, Gomes took the lead. For her prominent leadership in various women's initiatives within the maritime industry she was given the recent award in Durban.

Beyond her busy professional duties, her family is an extremely important part of her life.

Another of the award winners – and receiving two awards – was Nomkhitha Mbele. Coming to Lawhill Maritime Centre in Simon's Town in Grade 10 and aged 15, Mbele with her bright personality and growing interest in maritime matters clearly was destined for great things in shipping. Indeed, she has enjoyed a fascinating and



CAPTAIN Ian Hare of the General Botha Old Boys' Association with five of the nine Lawhill students who have qualified as day skippers of sailing or motor vessels up to nine metres. From left to right: Alwande Sithole, Sylvino October, Siphosethu Libalele, Anele May and Xolisa Miggels. | SUPPLIED

dynamic career, leading to her current executive position in Durban-based Fendercare Marine, a leading provider of marine equipment and ship-to-ship servicing in the oil and gas sector.

She holds a Master's degree in Shipping Law from the University of Cape Town.

Before being instrumental in the establishment of Fendercare Marine, Mbele worked for multinational companies in the industry, including Smit Amanda Marine (now African Marine Solutions) for 10 years in various roles, rising to commercial manager. She then moved to Subtech Marine as marine manager and later was promoted to business development director.

Apart from her roles as a board member of two companies, she is also

a trustee for the GBOBA Bursary Fund and Lawhill Maritime Educational Trust, both of which focus on opening the maritime industry to young people from disadvantaged backgrounds. Her involvement in the latter two organisations illustrates her passion for mentoring young people and her encouragement of women within the industry. This energetic and resourceful person is a wonderful role model for younger people, especially for women looking for an interesting career.

With 22 years in shipping, Debbie Owen's career included several years as Safmarine's global media manager. When she joined Lawhill Maritime Centre in 2015, she brought with her a wide view of the shipping industry and, as she had been part of the Safmarine team who had helped to establish

and nurture the Lawhill project over the years, she shared the passion and vision to provide maritime education for young people.

For her efforts to mentor young people via the Lawhill programme, Owen received an award last week, rewarding her tireless work, her vision, her care for her charges and her steering the programme to new horizons. Significantly, the maritime industry award was made to someone in education, emphasising the importance of maritime education at school level.

Owen's leadership of the Lawhill programme has generated major changes. Besides theoretical training, Lawhill's programme is augmented with practical small-boat handling, sailing, rowing and diving. This was made possible through generous donations of a yacht, a rigid inflatable boat and a rowing boat, as well as through training provided by members of the far-sighted General Botha Old Boys' Association, its president, Captain Tony Nicolas, and Captains Keith Burchell, Blackie Swart, Ian Hare, Digby Thompson, Pieter Coetzer, Commander Wayne Beattie and Skipper Groenewald. Tribute also goes to the NSRI for their assistance with the training programme.

As a result, nine Lawhill youngsters have qualified as day skippers of sailing or motor vessels up to nine metres, while at school! And others are in training.

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Ingpen is a freelance journalist and the author of 10 maritime books

GENDER

Women still being marginalised in SA music industry, Samro study finds

STAFF WRITER

WOMEN remain poorly represented within the music sector, preliminary findings of a study commissioned by the Southern African Music Rights Organisation (Samro) has found.

The research, conducted by gender-equality consultants Tara Transform, found that women were largely excluded from key decision-making positions within the industry, and faced many challenges that resulted in their marginalisation.

A survey conducted by Samro last year found that only a minority of its members were women. As a result of this imbalance, Samro commissioned the preliminary research to better understand the experiences and views of women in the music industry.

The "Women's Rights and Rep-

resentation in the South African Music Sector" report identified a number of issues affecting women, ranging from stereotypical beliefs about women, to the fact that there were not enough women in occupations such as producers, directors and composers. It touched on pay disparities between women and men in similar positions, and that sexual harassment and exploitation of women was rife in the industry.

"Women do not feel safe in South Africa in general, but their safety concerns are exacerbated in the music industry. The majority of live performances take place at night, in spaces where alcohol consumption is involved, and women's safety is limited," Samro said.

"It's not all bad news though. Women are mobilising more, and being heard more, as they confront the patri-

chal norms. The jazz and DJ sectors have seen an increase in the number of active women artists, and the growth of digital media has opened safe spaces and new avenues for women to operate," it noted.

Samro chief executive Mark Rosin said: "It is hoped this study on rights and responsibilities of women in the South African music industry provides a foundation for further work so women can take their rightful place in a more equitable industry."

In its recommendations, the study notes that women want change to come from within organisations and leaders across the music industry through diversity, policies and culture.

Samro is developing plans to help remedy industry challenges relating to gender disparities in the music sector and to influence change on a national level.

HISTORY

Spotlight shone on anti-colonial writer SEK Mqhayi

STAFF WRITER

MUCH of Southern Africa's documented history is dominated by the written records of the colonial project.

As a result, the region's history is either murky or neglected.

Rhodes University's Library Services, through its Cory Library branch and in collaboration with UCT, plans to change this through the Five Hundred Years Archive (FHYA) project.

The project seeks to make diverse historical materials available to researchers.

The team at Cory Library has collaborated with UCT to digitise and make accessible some of the work done by Samuel Edward Krune Mqhayi (SEK Mqhayi), one of the first black South African writers to be published in isiX-

hosa in the early 20th century.

Emerging from the Eastern Cape's rich intellectual history, SEK Mqhayi often advocated against colonialism and promoted the use of African languages.

FHYA is housed at UCT's History Department.

A rich array of historical resources will be made available on an accessible digital platform, including published and unpublished texts, sound recordings, archaeological items, objects, and images.

Rhodes University Library director, Nomawethu Danster, said it included a digital presentation of prominent isiXhosa writers such as Mqhayi.

"Projects like this are important because they are needed to decolonise information.

"What drives the library, and maybe myself in this case, is that the Global South have become consumers of information from the Global North," Danster said.

Danster said this project would ensure that information about the history of South Africa is freely accessible to those who need it, including researchers and the general public.

Mqhayi was a part of an intellectual line of resistance towards the colonial rule, which would influence anti-apartheid struggle heroes such as Robert Sobukwe.

The Mqhayi collection at the Cory Library forms part of the Lovedale Press Collection, which was donated by the Mission Council of the Free Church of Scotland.